

CONFIDENTIAL COUNSELING

University Counseling Center (UCC) provides a safe space for anyone who has experienced sex discrimination, sexual harassment, sexual assault, dating and domestic violence, and stalking.

UCC is the primary counseling resource for University students who are victims of sexual assault, dating and domestic violence, and stalking.

UCC offers consultation, education, training, and prevention strategies to the University community that can help and support anyone navigate available support resources within and outside the University community.

UNIVERSITY AND ACADEMIC SUPPORT

Student Ombuds

Available for consultation about academic policies/processes and academic support resources/accommodations. Aid in implementing academic support measures when students are impacted by sex discrimination.

Residential Housing

Provides assistance to students with issues or concerns about on-campus housing. Aids in implementing support measures and prevention strategies to students who experience sex discrimination.

Pride Center

Provides resources and support to University LGBTQIA community members and their allies.

Office of Student Conduct

Provides conflict resolution and restorative justice support to aid students addressing code of conduct issues in the University community.

HELPLINES AND ONLINE RESOURCES | 24 HR Helplines

University Crisis Helpline:
713.313.7863

Student Health Services:
713.313.7173

Harris County Forensic Nurse Examiners:
281.306.6893
www.txfne.com

Crisis Intervention Hotline:
832.416.1177

Domestic Violence Hotline:
800.256.0551

Sexual Assault Hotline:
800.256.0661

Houston Area Women's Ctr:
www.hawc.org

Mercy House:
mercyhousesite.org

Houston Methodist Hospital: 713.790.3311

TSU Public Safety:
713.313.7000

Houston Police:
houstontx.gov/police
Emergency Dial: 911

National Coalition Anti Violence: 212.714.1141

Rape, Abuse, and Incest National Network (RAINN):
800.656.4673

National Domestic Violence Hotline: 800.799.7233

National Sexual Violence Hotline:
877.739.3895

Suicide and Crisis Lifeline:
(call or text) 988

CAMPUS RESOURCES AND REPORTING OPTIONS

Title IX
Email: titleix@tsu.edu
Phone: 713.313.1371
Website: tsu.edu/titleix

Department of Public Safety/University Police
Email: tsudps@tsu.edu
Phone: 713.313.7000
Website: police.tsu.edu

University Counseling Center
Phone: 713.313.7804
Website: tsu.edu/ucc

Student Health Services
Phone: 713.313.7173
Website: tsu.edu/health

Employee Assistance Program
Phone: 800.346.3549
Website: uteap.org

University Complaint Options
Phone: 713.313.1371
Website: tsu.edu/titleix
Location: **Hannah Hall, Suite 106**

Criminal Complaint
Phone: 713.313.7000
Website: police.tsu.edu
Location: **General Services Building**



TEXAS SOUTHERN UNIVERSITY
OFFICE OF TITLE IX

TIGERS ROAR BACK AGAINST SEXUAL MISCONDUCT

SUPPORT IS HERE TO HELP YOU!

TSU.EDU/TITLEIX



TEXAS SOUTHERN UNIVERSITY
Office of Title IX

TAKING CARE OF SELF

Know what happened is not your fault

- Nothing you did caused the incident

Seek support from friends and family

- Spend time with friends who make you feel good about yourself
- Join a support group for survivors
- Speak with a counselor

Physical self-care

- Good nutrition, adequate sleep, and physical activity is essential to your health and recovery

Avoid alcohol and drugs

- Using alcohol and drugs to cope is not advise because chemical use can lead to high levels of anxiety and depression

Find time for fun

- Participating in leisure activities is an important part of self-care
- Making time for activities you enjoy is helpful

Remember it is your choice how and when you recover

- It is up to you to make the decisions that will be the best for you

Know you are not alone

- There are people in the University community who can help. If you need support or have questions call **713.313.1371** to speak with someone in the Office of Title IX

WHAT ARE YOUR RIGHTS?

The "Campus Sexual Assault Victims' Bill of Rights" enacted by the U.S. Congress requires higher education institutions (both public and private) participating in federal student aid programs afford individuals affected by sex discrimination (e.g. sexual assault) certain rights. The Campus Sexual Assault Victims Bill of Rights exist as part of the Clery Act.

- Individuals affected by sexual assault, domestic violence, dating violence and stalking must be informed about their options to notify law enforcement officials;
- Individuals affected by sexual assault, domestic violence, dating violence and stalking must be notified about the availability of support measures (including counseling services, changing academic and campus residential situations);
- Individuals involved must have the same opportunities to have others present during any investigation or grievance hearing process;
- Individuals must be informed about the outcome of any disciplinary proceedings.



WHAT'S SEX DISCRIMINATION?

Sex discrimination can come in different forms. Here are some common forms:

SEXUAL ASSAULT

Sexual act committed against another person without consent. Can include unwanted sexual touching, rape, incest and statutory rape.

RELATIONSHIP VIOLENCE/ABUSE (Dating Violence and Domestic Violence)

Also known as intimate partner violence, these are acts/behaviors associated with violence and can involve emotional, sexual and physical forms of abuse.

STALKING

A series of actions that cause an individual to fear for their safety or safety of others.

SEXUAL HARASSMENT

Unwelcome sexual conduct that denies an individual equal access in the University's programs or activities. It can involve conduct based on a person's gender identity or sexual orientation.